



SFRS WOMEN IN THE FIRE SERVICE 2026 EVENT

SATURDAY 12TH SEPTEMBER		SUNDAY 13TH SEPTEMBER	
08:30	Networking Time and Workshop Selections	Networking Time	Optional Group Fitness Session: Kerry Ann Black
09:00	Opening: Chair	Intro to Day 2	
09:15	Icebreaker Quiz. 2025 Consensus Statement revisited	Speaker: Dr Emily Watkins	
09:30	Knowing Me, Knowing You - People Team	BREAK	
11:00	PANEL DISCUSSION:	WELLBEING	
11:15	Speaker: Martine Barr Speaker: Sarah Robertson Speaker: TBC	Orla Thomson - Wellbeing Champions MCR Pathways Family Support Trust Endometriosis Champions Sam Anderson	
12:45	LUNCH	CLOSING REMARKS	
13:30	WORKSHOPS	LUNCH	
16:00	Closing remarks / Optional Dinner - local WFS reps to organise	WORKSHOPS	
		Fitness Firefighter for a day Safe Working at Height (SWAH) Trauma Care & Extrication ICL2 - (Incident Command Level 2)	
		Operations Control Fire Investigation Drive an appliance USAR (Urban Search & Rescue) Animal Rescue	

Please note some timings may be subject to change.